



ISN'T IT TIME YOU  
**EXERCISED**  
THESE MUSCLES?

Wang YMCA of Chinatown. 8 Oak St. West. 426-2237.





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Want to flex a group of muscles that lies somewhere between your ears? Well, The Wang YMCA of Chinatown has just the thing. We have lots of programs to help you develop this vital part of your body: your mind. Try our computer courses, adult education classes, professional mentoring for academic and career guidance, or our host of cultural activities. You may not see the effects, but you'll definitely feel them.

300 Tremont Street. Convenient to the N.E. Medical Center T Stop. Call [617.426.2237](tel:617.426.2237) for details.





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